

Yuma Youth Soccer Association

COACH APPLICATION FORM 2020-2021

PLEASE PRINT LEGIBLY

(To be turned in at the City of Yuma Parks and Rec Dept./OR Email to yumayouthsoccer@yahoo.com)

Please check **ONE** position:

HEAD COACH ASSISTANT COACH TEAM PARENT

Birth year of player: _____

Legal Last Name _____ Legal First Name _____

Address _____ City _____ State _____ ZIP CODE _____

(_____) _____
Area Code Telephone Number

____/____/____
Month Day Year
BIRTH DATE

Male or Female

E-Mail address: _____

Coaching License Obtained? NO YES - Level _____ (COPY REQUIRED UPON SUBMISSION)

Are you interested in training opportunities? YES NO (Please circle response)

If you **are not** the Head Coach, please list his/her name here: _____

BOX BELOW TO BE FILLED OUT BY HEAD COACH ONLY:

Desired Team Name, if available _____

Sponsor Name (if attained): _____

Sponsor Contact Name/Number: _____

If you coached last year, you may draft up to two (2) picks from last year's team. The Sponsor child is NOT a draft player, but will be a member of your team. If coaching your own child, he/she is considered one of your picks. If you have an "E" License or , you may have ONE (1) extra pick for U12 and ABOVE ONLY. (A copy of the E-License needs to be received by the Registrar prior to the draft).

1. _____ 2. _____

U12 and above ONLY One additional pick ("E" License, or Grassroots) Sponsor Child:

3. _____ 4. _____

FOR ALL COACH'S, ASSISTANT'S AND TEAM PARENTS understand that your signature implies knowledge of the below statements:

- A. It is the intent of the ARIZONA SOCCER ASSOCIATION to deny certification to any person who has been convicted of a crime of violence or a crime against a person.
- B. In applying for an ARIZONA SOCCER ASSOCIATION position, I will receive an e-mail from the ARIZONA ASSOCIATION with a link and password that will take me to an online DISCLOSURE FORM. I am required to complete the online form before I can be approved to fill any position within the ARIZONA SOCCER ASSOCIATION. The information that I will furnish via electronic submission is subject to verification, which may include a criminal history check.
- C. A Disclosure Statement must be updated at least every year.
- D. I have received and read the AYSA Concussion Policy and Code of Conduct
- E. Completion of said application DOES NOT guarantee board approval.
- F. I understand that I am **REQUIRED** to complete the FREE "Safe Sport" Module on-line, as part of my clearance to coach (along with background check)

Printed Name _____ Signature _____ Date _____

ARIZONA SOCCER ASSOCIATION, COVID-19 PROTOCOLS

The below provides the definitions and responsibilities for individuals, clubs, and teams as it relates to what is required if an individual has close contact exposure, symptoms, or a positive result. Regardless of which may be the situation notifying the coach and club must a top priority.

CLOSE CONTACT EXPOSURE TO POSITIVE CASE OF COVID-19

DEFINITION

Close contact would be defined as:

- You were within 6 feet of someone who has COVID-19 for at least 15 minutes.
- You were provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed or somehow got respiratory droplets on you

ACTIONS OF INDIVIDUAL(S)

Notify club/coach ASAP and quarantine for 14 days. Monitor for:

- Fever > 100.4
- Cough
- Shortness of breath
- Chills
- Headache
- Other symptoms

ACTION OF TEAM(S)

Team is permitted to continue training and participating in events. Team members and coaches should be mindful of onset of any symptoms.

COMMUNICATION REQUIRED

Club/team should communicate to the team(s) that have an individual on the team(s) has been exposed and will begin a 14 day quarantine.

RETURN TO PLAY

Completion of 14 days of quarantine

SYMPTOMS

DEFINITION

People with COVID-19 have had wide range of symptoms reported - ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

ACTIONS OF INDIVIDUAL(S)

Notify club/coach ASAP and get a COVID-19 test

Quarantine until at least 10 days have passed since symptom onset

AND

At least 24 hours have passed since resolution of fever without that use of fever-reducing medications

AND

other symptoms have improved

ACTION OF TEAM(S)

All team activities are suspended for 14 days OR all team activities are suspended until the individuals(s) test results are received. If test was negative team can resume all activities.

COMMUNICATION REQUIRED

Club/team should communicate to the entire team(s) that have an individual on the team(s) has demonstrated symptoms will begin a quarantine.

All team activities suspended immediately. Entire team will begin a full 14 day quarantine. (NOTE: Quarantine can end prior to 14 days *ONLY IF* the individual who displays symptoms provides a negative test result)

Club/team should communicate to any opposing teams that they played against within the date of the onset of symptoms that they had an individual with symptoms. Once test results are received there should also be a notification.

DO NOT give any names or personal details.

NOTE: Opposing team are not required to quarantine. Notification is done as a courtesy to be award of the situation.

RETURN TO PLAY

All three actions (quarantine for 10 days after symptoms began, at least 24 hours without a fever without medicine, and other symptoms improved) have been met.

POSITIVE

DEFINITION

Official results provided by medical professional

ACTIONS OF INDIVIDUAL(S)

Notify club/coach ASAP and get a COVID-19 test

Quarantine until at least 10 days have passed since symptom onset

AND

At least 24 hours have passed since resolution of fever without that use of fever-reducing medications

AND

other symptoms have improved

ACTION OF TEAM(S)

All team activities are suspended for 14 days

COMMUNICATION REQUIRED

Club/team should communicate to the entire team(s) that have an individual on the team(s) has demonstrated symptoms will behind a quarantine. DO NOT give any names or personal details.

Club/team should communicate to any opposing teams that they played against within onset of symptoms that they had an individual with a positive test.

DO NOT give any names or personal details.

Complete ASA notification process, found on the ASA website.

Note: Opposing teams are not required to quarantine. Notification is done as a courtesy to be aware of the situation.

RETURN TO PLAY

All three actions (quarantine for 10 days after symptoms began, at least 24 hours without a fever without medicine, and other symptoms improved) have been met.



ARIZONA SOCCER ASSOCIATION HEAD INJURY/CONCUSSION POLICY

Policies for the management of concussion and head injury in youth soccer

Arizona Soccer Association Head Injury/ Concussion Policy – Effective 2019/2020 Season

- i. An informed consent must be signed annually by parents and youth athletes acknowledging the risk of head injury prior to practice or competition.
- ii. A youth athlete who is suspected of sustaining a concussion or head injury must be removed from play– “when in doubt, sit them out”
- iii. A youth athlete who has been removed from play **must receive written clearance from a licensed Medical Doctor (MD) or Doctor of Osteopathy (DO) prior to returning to play. The ASA “Concussion Return to Play Form”** <https://usys-assets.ae-admin.com/assets/979/15/ASA%20Concussion%20Return%20to%20Play%20Form.pdf> **must be completed and signed by a licensed Medical Doctor (MD) or Doctor of Osteopathy (DO). This form must be submitted to the ASA office prior to returning to play.**
- iv. The referee will note on the game card a player being removed due to head injury. The referee will pull the player pass and advise the coach or team manager the player pass has been pulled and will require written release before being allowed to play in any further games.

TEAM/CLUB OFFICIAL:

- i. Shall immediately remove from participation/competition any athlete who is suspected of sustaining a concussion or head injury.
- ii. Shall not allow an athlete who has been removed from play because of a suspected concussion/brain injury to return to play until the athlete has received written clearance from a licensed Medical Doctor (MD) or Doctor of Osteopathy (DO) prior to returning to play The ASA “Concussion Return to Play Form” <https://usys-assets.ae-admin.com/assets/979/15/ASA%20Concussion%20Return%20to%20Play%20Form.pdf> must be completed and signed by a licensed Medical Doctor (MD) or Doctor of Osteopathy (DO). This form must be submitted to the ASA office prior to returning to play.
- iii. In coordination with the parent/guardian complete an injury report form) within 30 days of the injury. <https://usys-assets.ae-admin.com/assets/979/15/Injury%20Report%20Form%206-27-19.pdf>

REFEREES:

- i. Shall note on the game card that player suffered Head Injury and was taken out of the game. Pull player pass from and mail to the ASA office.
- ii. Shall complete online concussion submittal form. (<https://gotsport.com/forms/open/?FormID=784>)

PARENTS/GUARDIANS:

- i. Shall annually review, sign and return to the Arizona Soccer Association Club in which their child plays. This policy can be found on www.azyouthsoccer.org and clicking on Member Resources and following to the ASA forms section and click on the Arizona Soccer Association Head Injury/Concussion Policy and Procedures tab.

ATHLETES:

- i. Shall annually review, sign and return to the Arizona Soccer Association Club in which they play for, prior to initiating practice or competition. This policy can be found by logging into the player’s Got Soccer account, or downloading the hardcopy from the ASA website, www.azyouthsoccer.org and clicking on Member Resources and following to the ASA forms section and click on the Arizona Soccer Association Head Injury/Concussion Policy and Procedures tab.
- ii. Athletes are encouraged to notify a coach if they or a teammate exhibit signs or symptoms of a concussion?brain injury.

What licensed health care providers are trained in the evaluation and treatment of concussions/brain injuries and authorized to allow the athlete to return to play?

Licensed Health Care Providers

- i. Medical Doctors (MD)
- ii. Doctor of Osteopathy (DO)

Research is currently being done to determine which other licensed health care providers may have sufficient training to qualify to authorize return to play.



A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:	
• Headaches	• “Pressure in head”
• Nausea or vomiting	• Neck pain
• Balance problems or dizziness	• Blurred, double, or fuzzy vision
• Sensitivity to light or noise	• Feeling sluggish or slowed down
• Feeling foggy or groggy	• Drowsiness
• Change in sleep patterns	• Amnesia
• “Don’t feel right”	• Fatigue or low energy
• Sadness	• Nervousness or anxiety
• Irritability	• More emotional
• Confusion	• Concentration or memory problems
(forgetting game plays)	• Repeating the same question/comment
Signs observed by teammates, parents and coaches include:	
• Appears dazed	
• Vacant facial expression	
• Confused about assignment	
• Forgets plays	
• Is unsure of game, score, or opponent	
• Moves clumsily or displays incoordination	

HEAD INJURY/CONCUSSION MANAGEMENT PROTOCOL

What can happen if my child/player keeps on playing with a head injury/concussion returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete’s safety.

If you think your child/player has suffered a head injury/concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours.

“a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time”

and

“...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider”. **The ASA “Concussion Return to Play Form” <https://usys-assets.ae-admin.com/assets/979/15/ASA%20Concussion%20Return%20to%20Play%20Form.pdf> must be completed and signed by the licensed health care provider trained in the evaluation and management of brain injuries. This form must be submitted to the ASA office medical@azyouthsoccer.org**

Licensed Health Care Providers acceptable to make the determination:

1. Medical Doctors (MD)
2. Doctor of Osteopathy (DO)



ASA Code of Conduct

The Arizona Soccer Association strives to provide the best possible environment for youth players and play an important role in promoting the physical, social, and emotional development of young people. Therefore, it is essential for parents, coaches, spectators, and officials to encourage youth athletes to embrace the values of good sportsmanship. Furthermore, parents, spectators, and officials involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect, and self-control. The Arizona Soccer Association is committed to establishing an environment that is safe and fosters optimal learning opportunities for all our players.

To maintain the reputation of the league and the learning environment ASA has formulated this Code of Conduct and requires that you commit to be responsible for your words and actions while attending, coaching, officiating, or participating in ASA and that you conform your behavior to the following Code of Conduct:

1. I will treat coaches, players, opponents, referees, spectators and all other individuals with respect.
2. I will not engage in any behavior which would endanger the health, safety, or wellbeing of any coach, parent, player, participant, referee, or any other attendee.
3. I will not use drugs, alcohol or tobacco products while involved in any youth soccer activities, whether training, attending, or officiating games.
4. I will not use profanity, obscenity or any other offensive language.
5. I will endeavor to ensure that no parents, spectators or anyone associated with my team use profanity, obscenity or any other offensive language.
6. I will not engage in verbal or physical abuse towards any other coach, player, parent, spectator, participant, or official.
7. I will be punctual; arriving at games and practice well before the start time to have cleats, shin guards, and other training gear ready to be checked.

All players should communicate any and all injuries, illness, conflicts or problems to the head coach in a timely manner, including their intent to participate in school sports or activities.

As a spectator and/or parent I will also:

1. Calmly watch play and not shout instructions to my child or other players.
2. Not question the calls of the referee or the actions of coaches.
3. Provide encouragement to any and all players.
4. Support my child's efforts to be on time and prepared for all training sessions, games and other team related activities.
5. Make sure my child comes to training sessions and games with appropriate equipment.
6. Except in the case of an emergency, refrain from entering the team bench area and discussing issues with the team or coach, unless asked to do so by the coach.

Anyone who fails to conform to the preceding Code of Conduct or receives a red card by an official while attending, coaching, training, officiating or participating in any event sanctioned by ASA will be subject to the penalties listed on receipt of a written complaint from an official (referee, coach, team parent, etc.) and after an appropriate hearing has been conducted by the ASA Discipline & Rules Committee or its designated authority.

1. First Offense: Must watch an interactive training video regarding anger management and good behaviors at games.
2. Second Offense: \$250 fine.
3. Third Offense: \$500 fine and expulsion for one year.

In the event of an incident where an individual cannot be identified or multiple individuals are at fault, all parents may be asked to attend a hearing where penalties may be assessed that include a team's parents and spectators being restricted from attending games for a certain number of games or a certain period of time. These penalties would be assessed after an appropriate hearing has been conducted by the ASA Discipline & Rules Committee or its designated authority.

All charges will be made directly to the Parent/Fan/Coach, NOT the club.

By signing the application on the first page of this packet, I agree and understand the code of conduct as well as the penalties and understand that if I violate the code of conduct I will be subject to the penalties listed.



Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act of 2017

On February 14, 2018, [S. 534](#) was signed into law and became effective immediately.

The bill amends two federal statutes: (1) the Victims of Child Abuse Act of 1990 and (2) the Amateur Sports Act of 1978.

(1) Victims of Child Abuse Act of 1990

(a) Extended reporting duties

The bill amends the Victims of Child Abuse Act of 1990 to extend the duty to report suspected child abuse, including sexual abuse, within 24 hours to certain adults who are authorized to interact with minor or amateur athletes at a facility under the jurisdiction of a national governing body. A “national governing body” means an amateur sports organization that is recognized by the United States Olympic Committee.

An individual who is required, but fails, to report suspected child sexual abuse is subject to criminal penalties.

(b) Civil remedies

Additionally, the bill amends the federal criminal code to revise civil remedy provisions. Among other things, it changes the civil statute of limitation to 10 years from the date the victim discovers the violation or injury (currently, 10 years from the date the cause of action arose). The bill also extends the statute of limitations for a minor victim of a federal sex offense to file a civil action to 10 years (currently, 3 years) from the date such individual reaches age 18.

(2) Amateur Sports Act of 1978

The bill also amends the Amateur Sports Act of 1978.

(a) Designation of United States Center for SafeSport

It designates the United States Center for SafeSport to serve as the independent national safe sport organization, with the responsibility for developing policies and procedures to prevent the emotional, physical, and sexual abuse of amateur athletes. These policies and procedures developed by the Center must include:

- A requirement that (a) all adult members of a national governing body or a facility under the jurisdiction of a national governing body or at any event sanctioned by a national governing body, and (b) all adults authorized by such members to interact with an amateur athlete, immediately report an allegation of child abuse of an amateur athlete who is a minor to: (i) the Center, and (ii) to law enforcement

- A mechanism that allows a complainant to easily report child abuse
- Reasonable procedures to limit one-on-one interactions between a minor and an adult
- Procedures to prohibit retaliation
- Oversight procedures, including:
 - Audits, to ensure the policies and procedures are followed correctly
 - Consistent training is offered
- A mechanism for national governing bodies to share reports of suspected child abuse

(b) General requirements for youth-serving amateur athletic organizations

The bill also modifies the obligations of amateur athletic organizations – a not-for-profit corporation, association, or other group organized in the United States that sponsors or arranges an amateur athletic competition.

- Amateur sports organizations seeking a sanction for amateur athletic competitions must implement and abide by the policies and procedures to prevent emotional, physical, and child abuse of amateur athletes.
- Amateur sports organizations, which participate in an interstate or international amateur athletic competition and whose membership includes any adult who is in regular contact with an amateur athlete who is a minor, must:
 - Comply with the reporting requirements of the Victims of Child Abuse Act
 - Establish reasonable procedures to limit one-on-one interactions between an amateur athlete who is a minor and an adult
 - Offer and provide consistent training to adult members who are in contact with amateur athletes who are minors
 - Prohibit retaliation