



January 8 - February 25

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Caliber Screenprinting & Embroidery

Wild River Family Entertainment Center

YRMC

Peanut Patch

Corona Optique

Arizona Market Place

Young Hearts of Yuma

Yuma 2016 Senior Game Events Initial Event Times



Yuma Parks and Recreation
One City Plaza
Yuma, AZ 85364-1436
928-373-5200/928-373-5244 fax
parksandrec@YumaAZ.gov

Friday, January 8	10:00 a.m. to 10:30 a.m. 10:30 a.m. to 3:00 p.m.	Parade of Athletes Novelty Events/Lunch	Carver Track/Field Carver Track/Field
Saturday, January 9	9:00 a.m. to 2:00 p.m.	Bocce Doubles Mixed*	Fortuna de Oro RV Resort
Monday, January 11	9:00 a.m. to 2:00 p.m. 9:00 a.m. to 2:00 p.m.	Bocce Doubles Men's* Bocce Doubles Women's*	Fortuna de Oro RV Resort Fortuna de Oro RV Resort
Wednesday, January 13	9:00 a.m. to 1:00 p.m.	Cribbage	Yuma Civic Center
Friday, January 15	9:00 a.m. to 5:00 p.m.	Golf	Desert Hills Par 3
Tuesday, January 19	9:00 a.m. to 1:00 p.m. 9:00 a.m. to 12:00 p.m.	Tennis Doubles* Euchre	Desert Sun Tennis Courts Yuma Civic Center
Wednesday, January 20	9:00 a.m. to 1:00 p.m.	Basketball Shooting Contests	Joe Henry Optimist Center
Thursday, January 21	9:00 a.m. to 1:00 p.m.	Dart Throwing	Yuma Readiness and Community Center
Friday, January 22	11:00 a.m. to 2:00 p.m.	Football Contests	Carver Track/Field
Monday, January 25	9:00 a.m. to 1:00 p.m.	Pinochle	Yuma Civic Center
Tuesday, January 26	9:00 a.m. to 1:00 p.m. 9:00 a.m. to 1:00 p.m.	Tennis Doubles Mixed* Horseshoes Singles	Desert Sun Tennis Courts Kennedy Memorial Park
Wednesday, January 27	9:00 a.m. to 1:00 p.m.	Pool Shooting Women's	Country Roads RV Park
Thursday, January 28	9:00 a.m. to 2:00 p.m.	Pool Shooting Men's	Country Roads RV Park
Friday, January 29	8:30 a.m. to 2:30 p.m.	Track and Field Events	Carver Track/Field
Saturday, January 30	8:00 a.m. to 3:00 p.m.	Golf	Desert Hills Municipal Golf Course
Monday, February 1	9:00 a.m. to 1:00 p.m.	Wahshoes	Yuma Readiness and Community Center
Wednesday, February 3	9:00 a.m. to 1:00 p.m.	Pool Shooting Doubles Women's *	Country Roads RV Park
Thursday, February 4	9:00 a.m. to 2:00 p.m.	Volleyball 4 on 4*	Joe Henry Optimist Center
Friday, February 5	9:00 a.m. to 1:00 p.m. 1:00 p.m. to 3:00 p.m.	Bowling Putting Contest	Wild River Family Entertainment Center The Palms RV Resort
Tuesday, February 9	9:00 a.m. to 1:00 p.m. 9:00 a.m. to 1:00 p.m.	Miniature Golf Women Miniature Golf Men	Z Fun Factory Z Fun Factory
Wednesday, February 10	9:00 a.m. to 1:00 p.m.	Pool Shooting Doubles Men's*	Country Roads RV Park
Thursday, February 11	9:00 a.m. to 2:00 p.m.	Pickleball Doubles Women's*	Fortuna de Oro RV Resort
Friday, February 12	9:00 a.m. to 1:00 p.m. 9:00 a.m. to 2:00 p.m.	Pool Shooting Doubles Mixed* Pickleball Doubles Men's*	The Palms RV Resort Fortuna de Oro RV Resort
Tuesday, February 16	9:00 a.m. to 2:00 p.m.	Pickleball Doubles Mixed*	Fortuna de Oro RV Resort
Wednesday, February 17	9:00 a.m. to 1:00 p.m.	Archery Event	Joe Henry Optimist Center
Thursday, February 18	9:00 a.m. to 4:00 p.m. 12:00 p.m. to 3:00 p.m.	Volleyball 6 on 6* Table Tennis Singles	Joe Henry Optimist Center Yuma Readiness and Community Center
Friday, February 19	9:00 a.m. to 1:00 p.m.	Fitness Walks	Carver Track/Field
Monday, February 22	9:00 a.m. to 12:00 p.m. 1:00 p.m. to 3:00 p.m.	Bean Bag Toss Women Bean Bag Toss Men	Yuma Readiness and Community Center Yuma Readiness and Community Center
Thursday, February 25	11:00 a.m. to 2:00 p.m.	Closing Ceremony	Yuma Civic Center

***Must Register as a Team**

Let the 2016 Games Begin

The 2016 Yuma Senior Games will officially begin on Friday, January 8, 2016 at Carver Field, 5th Street and 13th Avenue. All participants are encouraged to attend. Beginning at 10:00 a.m., join the "Parade of Athletes" followed by a picnic luncheon and our novelty events. Food and beverages are included in your Senior Games registration fee. Athletes are encouraged to wear their Senior Games T-Shirts and medallions from previous years. This year's novelty events will include Bowling Pin Throw, Nail Driving Contest and Water Balloon Toss. Fees for these events are also included in your Senior Games registration fee; however you must be pre-registered to participate. Bring a lawn chair.

Registration Headquarters & Contact Info

Registration will begin on November 23, 2015 at the Yuma Parks and Recreation Office, One City Plaza, Yuma, AZ 85364.

Hours: 7 a.m. – 6 p.m. (Monday – Thursday)/Alternate Fridays from 7 a.m. – 5 p.m. (City Hall is closed every other Friday)

Call (928) 373-5200 for more information.

Office is closed on November 26, 27, December 4, 18, 24, 25, 2015, January 1, 15, 18, 29, February 12 and 15, 2016.

Website: www.yumaaz.gov/parksandrec

Divisions

Age 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, and 85 and over. Divisions may be combined depending on the event and/or event participation.

Your competing age will be your age as of January 8, 2016.

There will be no separate age divisions for Water Balloon Toss.

There will be no separate Men's/Women's divisions for 4 on 4 Volleyball and 6 on 6 Volleyball.

Open division means there will be no separate age group or gender.

We reserve the right to cancel or combine age groups in any event due to insufficient entries or other conditions. Decisions regarding age division and competition are left to the discretion of the event supervisor.

Cancellations/Postponements

In the event of inclement weather, insufficient registration or other unusual circumstances, the Recreation Division reserves the right to cancel or reschedule events. Call the Parks and Recreation Office at 373-5200, to confirm if weather looks uncertain. **Last participants to arrive for Cribbage, Euchre and Pinochle may not be able to participate based on number of participants.**

Event Schedule

You must be present and ready to begin at the starting time of your event. Events will not be delayed for latecomers. Those planning to compete in multiple events should note the event schedule for possible conflicts. No event will be delayed to convenience a conflicting schedule. Do not select events that are held consecutively as we cannot guarantee the ending time of any event. Some events are long. We encourage you to bring your lunch and/or snacks when concessions are not available.

Fees/Refunds

A \$10.00 participation fee will be charged to each participant, which covers the overall administrative costs of the games and includes admission to the Opening Ceremonies, Picnic Lunch, and our Novelty Events (Bowling Pin Throw, Water Balloon Toss, and Nail Driving Contests). This fee also includes the Closing Ceremonies Potluck and entertainment. Extra potluck tickets may be purchased at the Parks and Recreation Office for \$5.00 each. Certain events require on-site fees. On-site fees are listed in the event information/descriptions sections. **Refunds will not be made unless an event is cancelled.**

Registration Information

1. In addition to the Senior Games registration fee, all events will cost \$5.00 per event entered.
2. Additional on-site fees are as follows and payable at the event. Bowling lane fee is \$5.00 with shoe rental included; Golf is \$50.00 at Desert Hills and \$18.00 or \$26.00 with cart at Desert Hills Par 3; Miniature Golf fee is \$4.00.
3. Parks and Recreation accepts American Express, Master Card, Visa, and Discover Card.
4. Refunds will not be made unless an event is cancelled.
5. **All events require a minimum five (5) business days advance registration or until event is full. The registration deadline is listed under each event. No on-site registration will be taken.**
6. Bocce Doubles Mixed, Bocce Doubles Men's, Bocce Doubles Women's, Tennis Doubles, Volleyball 4 on 4, Volleyball 6 on 6, Tennis Doubles Mixed, Pool Shooting Doubles Men's, Pool Shooting Doubles Women's, Pool Shooting Doubles Mixed, Pickleball Doubles Mixed, Pickleball Doubles Men's, and Pickleball Doubles Women's **require that participants register as partners or teams. Can only play on one team in each event.**



Results Information

Go to www.yumaaz.gov/parksandrec for complete result information.

Equipment

Participants are responsible for supplying their own equipment unless otherwise noted. Please be sure to mark your personal items and do not leave valuables unattended.

T-Shirts

The 2016 commemorative Yuma Senior Games T-Shirts are included in registration **as long as supplies last**. T-Shirts and registration packets are intended for distribution to actual event participants.

Awards

Medallions will be awarded to gold, silver, and bronze medalists in each division for every event. Awards will be presented at the completion of each event, unless noted otherwise.

Closing Ceremonies

The 2016 Senior Games will conclude on Thursday, February 25, at the Yuma Civic Center. A potluck luncheon will be held beginning at 11:00 a.m. Participants should bring a covered dish according to last name. A-L a casserole/side dish, M-S a salad, T-Z a dessert, large enough to feed four. Couples should bring a dish to feed eight. Participants should also bring their own plates, napkins, and silverware. The Yuma Parks and Recreation Department will provide the meat and beverages. Entertainment to be provided by Wild Ride Acoustic Show, featuring Shelli Calhoun on vocals and Rex Gibson on guitar and vocals. Traditional slide show will be playing continuously for your enjoyment. Festivities are scheduled to conclude at approximately 2:00 p.m.

Arizona Senior Olympics History

In Arizona, Senior Olympics began in 1982. During the first two years (1982-1983), these games were titled "City Games", and held in Phoenix. In 1984, the name "Arizona Senior Olympics" was born. Today, "Arizona Senior Olympics" is the recognized State Championships held annually during late February or early March. The City of Phoenix still hosts and coordinates the games with partnership and assistance from the cities of Glendale, Mesa, Peoria, Scottsdale, and Tempe. Senior Olympics "Nationals" were started in St. Louis, Missouri in 1987. Today, the National Championships are held every other year. Senior Games began in Yuma in 1985. We look forward to our 32nd Annual Senior Olympics Games.



Yuma Senior Games & Events

Archery Event

Facility: Joe Henry Optimist Center
1793 S. 1st Avenue
Date: Wednesday, February 17, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00
Registration Deadline: February 8, 2016
Note: All participants must attend an orientation and open shoot before competing in the archery event.

Bull's eye! Join us for a new event coming to Senior Games. Archery! Archers will learn the basics of archery and will be able to practice the skill of international archery techniques. Open shoots will be provided to practice your skills prior to the event. Must wear closed toe shoes. Compound bows and aluminum shaft arrows will be used. **Only City of Yuma archery equipment will be utilized.** Registration fee includes orientation class, 2 open shoots, and archery event. One price, multiple opportunities to learn, practice and compete.

Orientation and Open Shoot dates:

Wednesday, February 3

Wednesday, February 10

Orientation Time: 9:00 a.m. to 11:00 a.m.

Open Shoot Time: 11:00 a.m. to 12:30 p.m.

Location: Joe Henry Optimist Center





Basketball Shooting Contests

Facility: Joe Henry Optimist Center
 1793 S. 1st Avenue
 Date: Wednesday, January 20, 2016
 Time: 9:00 a.m. to 1:00 p.m.
 Events: Long Shot and Free Throw
 Divisions: Men's/Women's
 Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
 80-84, 85 and over
 Fee: \$5.00 per event entered (two events)
 Registration Deadline: January 11, 2016

Participants may arrive at 8:30 a.m. to allow for practice time. Each participant will total 30 free throws in the **Free Throw** competition from 12 or 15 feet (their choice). First player to shoot will take 10 shots, next player taking 10, and so on. Repeat in same order during the 2nd round of 10 free throws. After two rounds (20 free throws), players will shoot in order of their standings, with the highest score shooting last. Winner will be the most made attempts of 30.

Long Shot players will take 3 shots from 5 designated spots on the floor. Each shot carries a different point value. The highest score from all 15 attempts will be the winner. In case of a tie, players will take one additional shot from each station, best of 5 made shall be the winner. Regulation size basketballs (men) and intermediate or regulation size basketballs (women) will be utilized. **Women and Men 80+ will shoot from a closer distance than the men.** Once the ball has been released from the hand, players' feet may cross the designated station line, but not touch down until release is complete. No time limit on this event.



Bean Bag Toss Men

Facility: Yuma Readiness and Community Center
 6550 E. 24th Street
 Date: Monday, February 22, 2016
 Time: 1:00 p.m. to 3:00 p.m.
 Divisions: Ages 50-59, 60-69, 70-79, 80 and over
 Fee: \$5.00
 Registration Deadline: February 11, 2016

Bean Bag Toss Women

Facility: Yuma Readiness and Community Center
 6550 E. 24th Street
 Date: Monday, February 22, 2016
 Time: 9:00 a.m. to 12:00 p.m.
 Divisions: Ages 50-59, 60-69, 70-79, 80 and over
 Fee: \$5.00
 Registration Deadline: February 11, 2016

Double elimination or round robin format based on number registered will be played. Two boards will be placed 20 feet apart, from front of board to front of board. Player who starts will be decided by the flip of a coin. Game winner reaches 40 points. A tie will warrant a sudden death playoff toss. Players must stand to the side of the board when throwing, but must not cross in front of board. Player consecutively throws 4 bags scoring 1 point if bean bag stays on the board and 3 points if bean bag falls in the hole then second thrower will throw 4 bags. Higher scorer last round goes first. If bean bag is on the edge of board, player must lift the front of the board off the floor to see if bag remains on board. If bag falls off, there is no score. Bag may bounce onto the board. The winner will be declared at total of 40 points.

WOOD Carving EXPO

January 15th & 16th, 2016

9 am - 4 pm

Yuma Readiness Center
 24th Street & Araby Road

\$2 admission
 Kids 12 & under free

Presented by
 City of Yuma Parks &
 Recreation Department
 373-5200

exhibits • demonstrations • raffles • vendors

Bocce Doubles Men's

Facility: Fortuna de Oro RV Resort
13650 N. Frontage Road
Date: Monday, January 11, 2016
Time: 9:00 a.m. to 2:00 p.m.
Divisions: Open
Fee: \$5.00
Registration Deadline: January 4, 2016

Note: Bring a lawn chair. Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team. Rule coverage will be 15 minutes before your scheduled time.

Bocce Doubles Mixed

Facility: Fortuna de Oro RV Resort
13650 N. Frontage Road
Date: Saturday, January 9, 2016
Time: 9:00 a.m. to 2:00 p.m.
Divisions: Open
Fee: \$5.00
Registration Deadline: January 4, 2016

Note: Bring a lawn chair. Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team. Rule coverage will be 15 minutes before your scheduled time.

Bocce Doubles Women's

Facility: Fortuna de Oro RV Resort
13650 N. Frontage Road
Date: Monday, January 11, 2016
Time: 9:00 a.m. to 2:00 p.m.
Divisions: Open
Fee: \$5.00
Registration Deadline: January 4, 2016

Note: Bring a lawn chair. Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team. Rule coverage will be 15 minutes before your scheduled time.

The object is to score the most points by ending each round with your color balls closest to the Pallino (point ball). Toss of a coin determines who will play first. To start the game, one Team/Person throws the Pallino at least halfway down the designated playing area. The same person who tossed the Pallino then throws one ball trying to get it as close to the Pallino as possible. Team Two then throws, trying to get a ball closer to the Pallino than Team One. If Team Two gets closer, then it is Team One's turn. If Team Two's ball does not come closer then they continue to throw until they get closer to the Pallino than Team One or until they run out of balls. Then Team One throws their balls. You can knock your opponent's balls away from the Pallino to increase your score. Tournament format determined by the number of entries. Games will be to 12 points. Concession available.

Bowling

Facility: Wild River Family Entertainment Center
15136 S. Avenue B
Date: Friday, February 5, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85 and over
Fee: \$5.00, \$5.00 Lane fee with shoe rental included to Wild River Family
Registration Deadline: January 28, 2016

Note: Participants must pay \$5.00 lane fee to Parks and Recreation Staff on the day of the event.

Doors will be open at 9:00 a.m. and 5 minutes of shadow bowling will be allowed. All bowlers will bowl 3 games with winner based on total "scratch" series. Game will consist of 10 bowling pins. Bowlers will rotate lanes. Foul light will not be used. NOTE: Must check in at the designated registration area. At 8:30 a.m., in the parking lot (East Door), recreation staff will be collecting lane fees. Rules will be gone over before play begins. Come early! CASH ONLY. Concession available.

Cribbage

Facility: Yuma Civic Center
1440 W. Desert Hills Drive
Date: Wednesday, January 13, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85 and over
Fee: \$5.00
Registration Deadline: January 6, 2016

Note: Last arrivals may be unable to play. If participants do not equal four to a table, last participants to check in may be unable to participate.

Four-handed Cribbage will be played. Participants will play as a group; however, medals will be awarded according to age and gender. Ten games will be played with a regular 52-card deck. Cards rank from K-highest to A-lowest. Each player is dealt 5 cards and 1 card is put in the crib. Dealer of the first game is determined by cutting of cards, lowest card deals. Dealers of next games will be the "B" player. Opponents must sign score sheets. Total score of all games played determines winners. If there are scoring ties at the end of a game, cutting of the cards will determine table reassignments with the high card moving. Partners will consist of one "A" player and one "B" player. After 4 hands have been played, the "A" winner advances to next highest table, "B" winner advances to next lowest table, and losers stay at the same table; however, players change seats as to not have same partner. Please lay table number down when all are finished. Players change tables after all tables have finished. If possible, players are encouraged to bring pegboards to event. Waiting list established to even tables. A 40-minute time limit will be in effect.

Dart Throwing

Facility: Yuma Readiness and Community Center
6550 E. 24th Street
Date: Thursday, January 21, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00
Registration Deadline: January 12, 2016

Doors will open at 8:30 a.m. for those participants who want to practice. Throwing line will be 8 ft. from board. Darts that fall off the board count as "0" score. Foul throws also count as "0" and dart is removed if on the board. To begin competition, all participants will toss 18 darts, 3 tosses per round. The total of all points scored will seed all participants into a double elimination tournament. During the double elimination each participant will toss 12 darts, 3 tosses per round. The top seed in each match will toss last. For preliminary purposes, ties will be broken by the highest points tallied during any one round. During elimination play, a tie will warrant sudden death single dart playoff. Steel or soft tips allowed. You may cross throwing line once dart is thrown. Participants may use their own darts.



Euchre

Facility: Yuma Civic Center
1440 W. Desert Hills Drive
Date: Tuesday, January 19, 2016
Time: 9:00 a.m. to 12:00 p.m.
Divisions: Men's/Women's
Ages 50-59, 60-69, 70-79, 80 and over
Fee: \$5.00
Registration Deadline: January 8, 2016

Note: Last arrivals may be unable to play. If participants do not equal four to a table, last participants to check in may be unable to participate.

Euchre will play eight hands with each table partner. Twenty four hands will be one game. Four games will find us the winners. A 24 card deck will be utilized in this game, aces down to nines. Highest trump is jack of spades, next jack of clubs, ace, king, queen, 10, 9. Each player receives five cards in a 3-2 or 2-3 pattern that dealer must maintain to all players. Last card of the pack is turned up. When "turn up" card is accepted play begins. The "A" winner advances to the next highest table, "B" winner advances to the next lower table, loser staying at the same table. Please lay table number down when all hands are finished. Waiting list established to even tables, if needed.

Fitness Walks

Facility: Carver Track
5th Street and 13th Avenue
Date: Friday, February 19, 2016
Time: 9:00 a.m. to 1:00 p.m.
Events: 9:00 a.m. 1600 meters
10:00 a.m. 3200 meters
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00 per event entered (two events)
Registration Deadline: February 10, 2016

This fitness walk will consist of 1600 meters and 3200 meters. This is the metric equivalent to 1 mile. This is a fun walk and is intended for recreation only, however, a continuous walking event with medals awarded will determine age group winners. No combination of walking and running will be allowed. A walker who is, in the opinion of the supervisor, not adhering to walking but trying to advance to running will be warned once. Continuation of this unfair advantage will disqualify the non-competitor from medal consideration.

Football Contests

Facility: Carver Track/Field
5th Street and 13th Avenue
Date: Friday, January 22, 2016
Time: 11:00 a.m. to 2:00 p.m.
Events: Punt, Pass, or Kick (3 Separate Events)
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00 each event entered (three events)
Registration Deadline: January 13, 2016

Each participant will receive 3 punts, 3 passes, or 3 place kicks as part of their competition. Order of events is: Punts, Passes, and Kicks. Scores are based on the best score of each skill in both distance and accuracy. Participant's final score is his/her best kick and throw in each event. If a participant goes over the line prior to or before the release or makes contact with the ball, they will be penalized five (5) feet. Exception: In place kicking, a participant may go over the line without penalty provided the tee is placed on or behind the line. All ages will use intermediate football. No steel-toed shoes.



Golf Desert Hills

Facility: Desert Hills Municipal Golf Course
1245 W. Desert Hills Drive
Date: Saturday, January 30, 2016
Time: Shot Gun Start at 8:00 a.m. to 3:00 p.m.
Divisions: Men's/Women's
Ages 50-59, 60-69, 70-79, 80 and over

Fee: \$5.00; \$51 (includes cart) to Desert Hills on-site
Registration Deadline: January 22, 2016

Check in at 7:00 a.m. for shot gun start at 8:00 a.m. 18 holes will be played at Desert Hills Municipal Golf Course. No handicaps will be taken, so your gross score is what will determine medal winners. You must play the ball as it lies. Follow course rules. Foursomes must select an official scorer. In case of ties, the event supervisor will compare score cards in reverse order 18, 17, 16... and the individual with the lowest score on that hole will be declared the winner. Men will play white tees. Women will play red tees. Everyone will ride a cart and there will be no walkers. Medals can be picked up at the Parks and Recreation Office, One City Plaza on Wednesday, February 3.

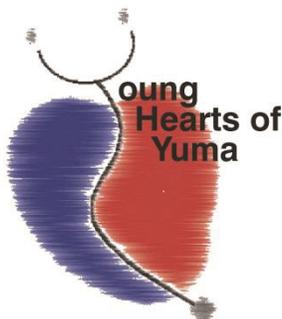
Golf Desert Hills Par 3

Facility: Desert Hills Par 3
1301 W. 32nd Street
Date: Friday, January 15, 2016
Time: 9:00 a.m. to 5:00 p.m.
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85 and over

Fee: \$5.00; \$18 or \$28 with cart to Arroyo Dunes on-site

Registration Deadline: January 8, 2016

Tee times will be made at registration. First tee time is 9:00 a.m. 18 holes will be played at Golf Desert Hills Par 3, 2,174 yards long. No handicaps will be taken, so your gross score is what will determine medal winners. You must play the ball as it lies. Follow course rules. Foursomes must select an official scorer. In case of ties, the event supervisor will compare score cards in reverse order 18, 17, 16 ... and the individual with the lowest score on that hole will be declared the winner. Men and women will play white tees. Players may walk or carts are available at \$10 per player. Medals can be picked up at the Parks and Recreation Office, One City Plaza on Thursday, January 21.



Building a brighter future for all of Arizona

As a part of the fabric of our great state, we have proudly contributed to the growth and vitality of the communities we serve. And we are honored to support the City of Yuma 32nd Annual Senior Games, which promotes continued fitness opportunities for people 50 and older. Through the power of partnership, community spirit and dedication, we can create a brighter future for all of Arizona.

aps.com



Horseshoes Singles

Facility: Kennedy Memorial Park
23rd Street and Kennedy Lane
Date: Tuesday, January 26, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00

Registration Deadline: January 19, 2016

Participants should arrive by 8:30 a.m. Singles competition, double elimination format will be used with games played to 40 points. No cancellations. "Percentages" will not be utilized; instead participants will compete in age divisions. Alternate throws, count all scores. Step back after your throw. Please no talking while other player is throwing. If a deemed physical handicap is accepted, the opponent will be given the option to throw at that distance. Pitching distances are: Women ages 50-74 at 30 ft., Women ages 75+ at 20 ft., Men ages 50-69 at 40 ft., Men ages 70+ have choice of 30 ft. or 40 ft.

Miniature Golf Men

Facility: Z Fun Factory
4446 E. County 10th Street
Date: Tuesday, February 9, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00; \$4 golf fee to Z Fun Factory
Registration Deadline: February 2, 2016

Miniature Golf Women

Facility: Z Fun Factory
4446 E. County 10th St
Date: Tuesday, February 9, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00; \$4 golf fee to Z Fun Factory
Registration Deadline: February 2, 2016

Check in at 8:00 a.m. for shot gun start at 9:00 a.m. All participants will play 18 holes. Shotgun start, lowest score wins. Tie breakers will be broken by lowest score on any one hole starting on #18 and proceeding backwards. Maximum of 5 strokes will be taken on each hole. Ball may be moved club head from sides, but not from blocks. Lose two strokes on out of bounds. Place ball on spot it goes out of bounds at. Play and putt out before next player. Miniature Golf pairings will be determined by the event supervisor based on age and gender.



Novelty Events

Facility: Carver Track/Field
5th Street and 13th Avenue
Date: Friday, January 8, 2016
Time: 10:00 a.m. Parade of Athletes
10:30 a.m. to 3:00 p.m.
Divisions: Men's/Women's
No age division for Balloon Toss
Bowling Pin Throw and Nail Driving only
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: Included in the Registration Fee
Registration Deadline: January 8, 2016

Note: Bring a lawn chair.

Each participant will have three throws in the Bowling Pin Throw. Participant's score will be his/her best throw. Distance and accuracy will be scored. Nail Driving Contest is a timed event. Male participants must drive 5 nails into a piece of wood. Female participants must drive 3 nails. Water Balloon Toss participants sign up with a partner or individually and will be paired up. There will be no separate age divisions for the Water Balloon Toss. Fee for participating in these events is included in the Senior Games Registration fee; however, participants must be pre-registered to participate.

Pickleball Doubles Men's

Facility: Fortuna de Oro RV Resort
13650 N. Frontage Road
Date: Friday, February 12, 2016
Time: 9:00 a.m. to 2:00 p.m.
Divisions: Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00 each partner
Registration Deadline: February 5, 2016

Note: Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team.

Pickleball Doubles Mixed

Facility: Fortuna de Oro RV Resort
13650 N. Frontage Road
Date: Tuesday, February 16, 2016
Time: 9:00 a.m. to 2:00 p.m.
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85 and over
Fee: \$5.00 each partner
Registration Deadline: February 5, 2016

Note: Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team.

Pickleball Practice

February 10th & February 15th
from 2:00 p.m. to 4:00 p.m.
at Fortuna de Oro RV Resort



Pickleball Doubles Women's

Facility: Fortuna de Oro RV Resort
 13650 N. Frontage Road
 Date: Thursday, February 11, 2016
 Time: 9:00 a.m. to 2:00 p.m.
 Divisions: Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85 and over
 Fee: \$5.00 each partner
 Registration Deadline: February 4, 2016

Note: Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team.

Pickleball may be played in a round robin, or a doubles elimination format determined by number entered. Best two of three games will be the winner. Games are 11 points, must win by two points. Once in losers bracket, one game is played to 15 points with winner advancing. There will be a 5 minutes rest period between games. Serve is underhand below the waist. Serve will alternate in proper rotation. Both feet must be behind the baseline, at least one foot on the court when ball is struck. One serve attempt, unless a "let" is called that lands in a proper service court. "Double bounce" rule means ball must bounce once on each inside of the net before being volleyed. "Non-volley zone" is the 7 foot zone on both sides of the net which no volleying is permitted. Serve rotation and procedures for starting a game will be observed. USAPA rules will be guideline rules. If rule infractions can not be resolved by players, supervisor will call for a replay. Concession available.



Pinochle

Facility: Yuma Civic Center
 1440 W. Desert Hills Drive
 Date: Monday, January 25, 2016
 Time: 9:00 a.m. to 1:00 p.m.
 Divisions: Men's/Women's
 Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85 and over
 Fee: \$5.00
 Registration Deadline: January 14, 2016

Note: Last arrivals may be unable to play. If participants do not equal four to a table, last participants to check in may be unable to participate.

Single deck Pinochle rules will be used. 48 cards. Twelve cards dealt-three at a time. Four hands will be played for each game with each player keeping track of his/her score for each game. Eight games will be played. Four players to a table consisting of two partners. Partners will consist of one "A" player and one "B" player. If the total number of registration does not equal four per table, the last to check in may not be able to participate. After four hands have been played, the "A" winner advances to the next highest table and the "B" winner advances to the next lowest table; losers stay at the same table, however, players change seats as to not have the same partner. Dealer of game is determined by cut of cards, highest card dealing. Dealers of the next game will be the visiting "B" player. Deal 3 cards at a time to each player totaling 12 cards. Do not add zero at the end of the game on individual scores. Start bid at 16, dealer 15. Total score for all games played determines order of finish. No Passing Cards. If tie in any given game, cutting of cards will determine table reassignments with high card moving. Players change tables after all tables have finished the round. A run without the 9 is 15 points. An additional marriage (K&Q) is 4 more points. No count for single K or Q. Reneging: If you renege, you go set for the bid. You then subtract the bid from your score. You do not get your meld. SCORING: Jack of Spades 4 points, Queen 6 points, King 8 points, Ace 10 points. Jack of Diamonds/Queen of Spades 4 points. Double 30 points.



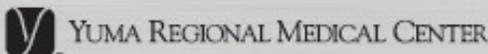


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Pool Shooting Doubles Men's

Facility: Country Roads RV Park
5707 E. 32nd Street
Date: Wednesday, February 10, 2016
Time: 9:00 a.m. Ages 50-59 & Ages 60-69
12:00 p.m. Ages 70 and over
Divisions: Open
Fee: \$5.00 each partner
Registration Deadline: February 3, 2016

Note: Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team. Rule coverage will be 15 minutes before your scheduled time. See Single Pool Shooting rules. If you need rules please ask front desk staff for copy of rules.

No food or drinks allowed in pool room. No exceptions. **Doubles Pool Shooting** will have two players of the same sex playing the same rules for singles with alternating team members taking rotating in an established order established by coin flip.

Pool Shooting Doubles Men's Practice

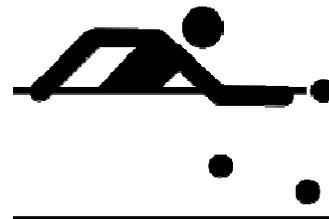
Country Roads RV Park
February 9 from 3:00 p.m. to 5:00 p.m.

Pool Shooting Doubles Mixed

Facility: The Palms RV Resort
3400 S. Avenue 7E
Date: Friday, February 12, 2016
Time: 9:00 a.m. Ages 60-69
12:00 p.m. Ages 50-59 & Ages 70 and over
Divisions: Open
Fee: \$5.00 each partner
Registration Deadline: February 5, 2016

Note: Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team. Rule coverage will be 15 minutes before your scheduled time. See Single Pool Shooting rules. If you need rules please ask front desk staff for copy of rules.

No food or drinks allowed in pool room. No exceptions. **Doubles Pool Shooting** will have two players of the mixed male/female playing the same rules for singles with alternating team members taking rotating in an established order established by coin flip. Concession available.



Pool Shooting Doubles Women's

Facility: Country Roads RV Park
5707 E. 32nd Street
Date: Wednesday, February 3, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Open
Fee: \$5.00 each partner
Registration Deadline: January 26, 2016

Note: Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team. Rule coverage will be 15 minutes before your scheduled time. See Singles Pool Shooting rules. If you need rules please ask front desk staff for copy of rules.

No food or drinks allowed in pool room. No exceptions. **Doubles Pool Shooting** will have two players of the same sex playing the same rules for singles with alternating team members taking rotating in an established order established by coin flip.

Pool Shooting Doubles Women's Practice
Country Roads RV Park
February 2 from 3:00 p.m. to 5:00 p.m.

Pool Shooting Men's

Facility: Country Roads RV Park
5707 E. 32nd Street
Date: Thursday, January 28, 2016
Time: 9:00 a.m. Ages 50-59 & 60-69
12:00 p.m. Ages 70 and over
Divisions: Open
Fee: \$5.00
Registration Deadline: January 21, 2016

Note: Rule coverage will be 15 minutes before your scheduled time. If you need rules please ask front desk staff for copy of rules.

No food or drinks allowed in pool room. No exceptions. Pool room must not be overcrowded. You may be asked by a designated monitor to relax on the patio. Please comply gracefully.

Pool Shooting Men's Practice
Country Roads RV Park
January 27 from 3:00 p.m. to 5:00 p.m.



Pool Shooting Women's

Facility: Country Roads RV Park
5707 E. 32nd Street
Date: Wednesday, January 27, 2016
Time: 9:00 a.m. to 1:00 p.m. (for ALL age groups)
Divisions: Open
Fee: \$5.00
Registration Deadline: January 20, 2016

Note: Rule coverage will be 15 minutes before your scheduled time. If you need rules please ask front desk staff for copy of rules.

No food or drinks allowed in pool room. No exceptions.

Pool Shooting Women's Practice
Country Roads RV Park
January 26 from 3:00 p.m. to 5:00 p.m.

Putting Contest

Facility: The Palms RV Resort
3400 S. Avenue 7E
Date: Friday, February 5, 2016
Time: 1:00 p.m. to 3:00 p.m.
Divisions: Open
Ages 50-59, 60-69, 70-79, 80 and over
Fee: \$5.00
Registration Deadline: January 28, 2016

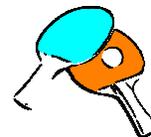
Note: Check in 15 minutes before start time.

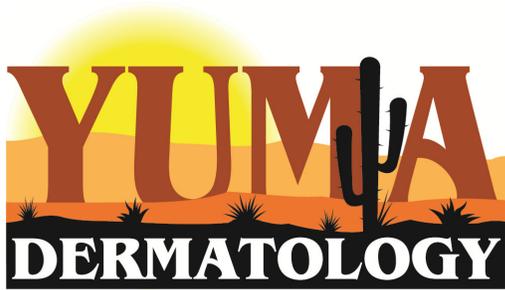
7 holes only. Lowest score wins. In case of ties the event supervisor will compare score cards in reverse order 7, 6, 5, etc and the individual with the lowest score on that hole will be determined the winner. If you shoot 4 and haven't made it, its an automatic 5. Medals can be picked up at the Parks & Recreation office, One City Plaza on Tuesday, February 9. Concession available.

Table Tennis Singles

Facility: Yuma Readiness and Community Center
6550 E. 24th Street
Date: Thursday, February 18, 2016
Time: 12:00 p.m. to 3:00 p.m.
Divisions: Men's/Women's
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85 and over
Fee: \$5.00
Registration Deadline: February 9, 2016

The first player to score 11 points wins a game, unless both players have scored 10 points. In that situation the serve changes after each point and the winner is the first player to score a two-point lead. All matches best of five games. Serve changes every 2 points, if score is tied at 10, then serve changes after each point and game must be won by 2 points.





Tennis Doubles

Facility: Desert Sun Tennis Courts
 1285 Desert Sun Drive
 Date: Tuesday, January 19, 2016
 Time: 9:00 a.m. to 1:00 p.m.
 Divisions: Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
 80-84, 85 and over
 Fee: \$5.00 each partner
 Registration Deadline: January 8, 2016
Note: Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team.

Tennis Doubles Mixed

Facility: Desert Sun Tennis Courts
 1285 Desert Sun Drive
 Date: Tuesday, January 26, 2016
 Time: 9:00 a.m. to 1:00 p.m.
 Divisions: No separate Men's/Women's
 Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
 80-84, 85 and over
 Fee: \$5.00 each partner
 Registration Deadline: January 19, 2016
Note: Participants must register with a partner. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team.



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Track and Field Events

Facility: Carver Track/Field
 5th Street & 13th Avenue
 Date: Friday, January 29, 2016
 Time: 8:30 a.m. to 2:30 p.m.
 Events: 8:30 a.m.: 50 Meter Dash
 9:00 a.m.: Running Long Jump
 9:30 a.m.: Softball Throw
 10:00 a.m.: Discus Women
 10:30 a.m.: Discus Men
 11:30 a.m.: Standing Long Jump
 12:00 p.m.: Shot Put
 1:00 p.m.: Javelin Throw
 Divisions: Men's/Women's
 Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
 80-84, 85 and over
 Fee: \$5.00 per event entered
 Registration Deadline: January 22, 2016
Note: Approximate times. Please check in at the information booth.

Age Group	Javelin	Discus	Shot Put
M50-59	700 gms	1.5 kg	6 kg
M60-69	600 gms	1.0 kg	5 kg
M70 and over	500 gms	1.0 kg	4 kg
W50-59	500 gms	1.0 kg	3 kg
W60 and over	400 gms	1.0 kg	3 kg

50 Meter Dash race participants must be in lanes. Standing or sprint starts may be used. Starting blocks available. **Discus Throw** will throw 4 times. Thrower must stay within the circle, not stepping on the ring marker, then exit out of the ring to the rear under control. **Javelin Throw** will throw 4 times. Javelin must hit ground with tip to back of grip landing first. Measurement at the tip. If javelin lands tail first (back of grip to tail): no measurement. Javelin landing flat is judgment call. **Running Long Jump** participants running then jumping off a foul board with nearest point measured as an attempt. Participants will attempt three long jumps. **Shot Put** will throw 4 throws. Rules for the ring will be the same as Discus with no stepping on the kickboard of the ring. Ties for Discus and Shot Put will be broken by second best throw. **Softball Throw** consists of participants throwing a 12" softball for distance and accuracy behind to determine foul line. Every participant will get 4 throws with distance and accuracy of the best attempt scored. **Standing Long Jump** consists of participants jumping from a foul board, standing, then jumping off both feet. Measured from front of foul board to the nearest mark in the pit.



Volleyball 4 on 4

Facility: Joe Henry Optimist Center
1793 S. 1st Avenue
Date: Thursday, February 4, 2016
Time: 9:00 a.m. Ages 70+
11:00 a.m. Ages 50+
1:00 p.m. Ages 60+
Divisions: Open
Ages 50-59, 60-69, 70 and over
Fee: \$5.00 each team member
Registration Deadline: January 27, 2016

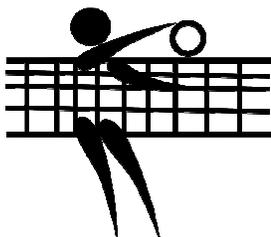
Note: Participants must register as a team. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team. Roster of 6. Can only play on one team. Times are approximate.

Volleyball 6 on 6

Facility: Joe Henry Optimist Center
1793 S. 1st Avenue
Date: Thursday, February 18, 2016
Time: 9:00 a.m. Ages 70+
11:00 a.m. Ages 50+
1:00 p.m. Ages 60+
Divisions: Open
Ages 50-59, 60-69, 70 and over
Fee: \$5.00 each team member
Registration Deadline: February 9, 2016

Note: Participants must register as a team. Teams will be placed in specific age divisions based on the actual age of the youngest player on that particular team. Roster of 8. Can only play on one team. Times are approximate.

A double elimination or round robin format based on the number of teams registered. Rally scoring to 25 points. Must win by 2. A coin flip will decide first serve, with loser deciding side of court. No blocking serve. Sets must be clean. Open handed dinks allowed. No restrictions on serve return. No double hits. Lines are considered in. Ceiling is in play. Digs below the waist are legal. Blocked ball is not counted as a hit. All players must be within court lines during service. Foot faults are side out-point. Rotation play. Subs may enter when play is dead. Two 30 second time outs are allowed for each team per game. The placement of a team will be determined by the age of the youngest player on the team. Open division may be men or a co-ed team. With 2 teams in an age group the best 2 of 3 games will determine the winner, rally style to 25. Rotation play. A ten minute break between matches if needed may be requested. Team name requested on entry. Officials will call as they see it and are in charge of the match.



Wahshoes

Facility: Yuma Readiness & Community Center
6550 E. 24th Street
Date: Monday, February 1, 2016
Time: 9:00 a.m. to 1:00 p.m.
Divisions: Men's/Women's Divisions
Ages 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85 and over
Fee: \$5.00
Registration Deadline: January 22, 2016

Double elimination format. Boards will be placed 8 feet apart. Flip of coin for first toss or round or square openings. Players must stand on board while tossing. Anyone 80+ with or anyone with balance problems may throw from floor on either side of the board, provided opponent has the same option. Scoring: The closest hole scores 1 point, middle hole 3 points, and farthest hole 5 points. Last player to score tosses first during the following series. There are two ways to win. Winner must have 21 points exactly. The first player to reach and keep 21 wins or the first one to reach 31 points or over. To score, the wahshoe must be completely in the hole and touching bottom or other wahshoes already in the hole. If a player reaches 21 exactly, prior to opponent tossing, all remaining wahshoes, and the opposing player is waiting to toss, the player with 21 points shall let opponent try to cancel. If successful, then player gives the toss back to original contestant. To cancel scores, the opponent must cover a wahshoe in the hole with his/her own, one for one. Any wahshoe in a hole counts for that player whose mark is on it even if knocked in by opponent. Score is final when last player has tossed and failed to cancel scoring. Participant may pass all or any toss. No retracting allowed.

APS All Stars Senior Spring Training

(Sponsored by Arizona Public Service)

Facility: Kennedy Athletic Complex
23rd Street & Kennedy Lane
Date: Wednesday, January 27, 2016
Time: Session I: 10:00 a.m. to 12:00 p.m.,
Lunch: 12:00 p.m. to 1:00 p.m.
Session II: 1:00 p.m. to 3:00 p.m.
Fee: FREE, please register in advance.
Registration Deadline: January 20, 2016

Join the APS All Stars, Ken Phelps, Ron Davis and others for a series of practices and exhibition games. Brush up on your skills on infield, outfield, hitting and throwing with instruction by former MLB Players. Specific fundamental instruction such as base running, relays and cutoffs will also be offered. Lunch and an official 'All Star' tee shirt is included with your registration. Please wear appropriate clothing and foot wear, and bring your glove.

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