



# 2016/2017 Series of 5K & 10K Runs & Fun Walks



**Entry Fee:** \$15 if pre-registered; \$24 on-site registration and bib pick up from 7:00 am – 8:00 am for all races except the Great Yuma Road Race.

**Race Time:** Beginning at 8:15 a.m. (SHARP)  
\*Zombie Fun Run and Party will start at 6:00 p.m. (registration 5:00pm - 5:45 pm)  
\*Turkey Trot will start and finish at Gateway Park; 1<sup>st</sup> St. & Gila St.  
\*Great Yuma Road Race will start at 4<sup>th</sup> Ave & 15<sup>th</sup> St. and end at Gateway Park; 1<sup>st</sup> & Gila St.



**Start/Finish:** West Wetlands Park, 12<sup>th</sup> Avenue & 1<sup>st</sup> Street

**Registration:** Parks & Recreation, One City Plaza, Yuma, AZ 85364-1436  
Phone: (928) 373-5200  
Fax: (928) 373-5244 / On-line: [www.yumaaz.gov/parksandrec](http://www.yumaaz.gov/parksandrec)



**Age Divisions:** Age division for both male and female participants: As of **October 6, 2016**: 5-9, 10-12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89 and 90 and over.

**E-mail:** [parksandrec@yumaaz.gov](mailto:parksandrec@yumaaz.gov)

- Medallions are awarded to gold, silver and bronze winners in each separate group.
- The 2016/2017 point scoring system will be in effect. All successful finishers receive points.
- All walkers who participate in 5 races will receive a 5 Star Certificate at the end of the series. Strollers are welcome!
- 2016/2017 City Champion - Winners will be determined by awarded points to participants who successfully completed at least three of the City sponsored series of 5K or 10K runs. **Participants may not transfer points from a 5K or 10K run. Award is given at the end of the run series.**

## 5K & 10K Series of Runs & Fun Walks

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Male/Female**

**Address:** \_\_\_\_\_ **City/State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **E-mail Address:** \_\_\_\_\_ **Shirt Size: S M L XL XXL**

Please check one only:  5K Run  10K Run  5K Fun Walk

### Please Check One Only:

- Zombie Fun Run\*** **October 8, 2016** – Deadline: Thursday, October 6, 2016 by 1:00 pm
- Turkey Trot\*** **November 12, 2016** – Deadline: Thursday, November 10, 2016 by 1:00 pm
- Reindeer Round-Up** **December 17, 2016** – Deadline: Thursday, December 15, 2016 by 1:00 pm
- New Year's Resolution:** **January 7, 2017** – Deadline: Thursday, January 5, 2017 by 1:00 pm
- Great Yuma Road Race\*** **February 11, 2017** – \$18 if pre-registered; \$28 on-site; all participants who register by January 9, 2017 will receive a t-shirt. Race will begin at 15<sup>th</sup> Street and 4<sup>th</sup> Avenue and end at Gateway Park – Deadline: Saturday, February 11, 2017 by 8:00 am
- March on City Final** **March 4, 2017** – Deadline: Thursday, March 2, 2017 by 1:00 pm

I, the undersigned hereby release the City of Yuma Parks & Recreation Department; it's instructors, leaders, supervisors, staff & volunteers of any liability that may incur while participating in the 2016/2017 5K/10K Runs & Fun Walks. I further understand that the City of Yuma does not carry accident insurance for this program. The Yuma Parks & Recreation Department reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Yuma Parks & Recreation and may be used for publicity or promotion purposes.

Signature (Must be signed by parent/guardian if under 18)

Cell Phone #